

## **Palestine: Mental Health**

### **ORGANISATIONS**

Wings of Hope Trauma Centre: <http://www.woh-for-trauma.com/>

Palestine Trauma Centre: [www.ptcuk.org/](http://www.ptcuk.org/)

Gaza Community Mental Health Programme: <https://gcmhp.ps/>

Palestinian Center of Traumatic Stress Studies at Al Quds University in Jerusalem  
<https://www.alquds.edu/en/postgraduate/postgraduate-programs-at-faculty-of-public-health/community-mental-health-program-trauma-track/140983-introduction.html>

### **ARTICLES AND TALKS**

#### **TRAUMA AND PTSD**

Cafe Palestine 4, 30th May 2020

Yoa'd Ghanadry-Hakim from Palestine Counseling Centre

Sharing 'her reflections on trauma, the usefulness of PTSD as a clinical concept, and the complexities of working with imported, Western, terminology in the Palestinian context.'

LINK: <https://ukpalmhn.com/cafe-palestine/> VIDEO/AUDIO (ENG)

Baker A (1999) Effects of political and military traumas on children: The Palestinian case. *Clinical Psychology Review* 19(8): 935–950.

Canetti D, Galea S, Hall BJ, et al. (2010) Exposure to prolonged socio-political conflict and the risk of PTSD and depression among Palestinians. *Psychiatry: Interpersonal and Biological Processes* 73(3): 219–231.

Khamis V. (2008) Post-traumatic stress and psychiatric disorders in Palestinian adolescents following intifada-related injuries. *Social Science & Medicine* 67: 1199–1207.

Punamäki RL, Kanninen K, Qouta S, et al. (2004) The role of psychological defenses in moderating between trauma and post-traumatic symptoms among Palestinian men. *International Journal of Psychology* 37(5): 286–296.

A.J. Afana, J.Tremblay, J. Ghannam, H. Ronsbo and G. Veronese (2018) 'Coping with trauma and adversity among Palestinians in the Gaza Strip: A qualitative, culture-informed analysis' *Journal of Health Psychology* pp. 1–18

Giacaman, R. (2007) Humiliation: the invisible trauma of war for Palestinian youth  
*Public Health* 121(8):563-71; discussion 572-7. Epub 2007 Jun 12.

Rita Giacaman <sup>1</sup>, Niveen M E Abu-Rmeileh, Abdullatif Hussein, Hana Saab, William Boyce

[psychicrefuge.com](http://psychicrefuge.com)

L. Meari (2015) 'Reconsidering Trauma: Towards a Palestinian Community Psychology' Social and Behavioral Science Department, Birzeit University JOURNAL OF COMMUNITY PSYCHOLOGY, Vol. 43, No. 1, 76–86 (2015) Published online in Wiley Online Library ([wileyonlinelibrary.com/journal/jcop](http://wileyonlinelibrary.com/journal/jcop))

Al-Krenawi, A., Graham, J. R., & Sehwal, M. A. (2004) 'Mental Health and Violence/Trauma in Palestine: Implications for Helping Professional Practice'. *Journal of Comparative Family Studies*, 35(2), 185–209. <https://psycnet.apa.org/record/2004-11038-003>

Afana A, Dalgard OS, Hauff E, et al. (2003) 'The prevalence and associated socio-demographic variables of posttraumatic stress disorder (PTSD) among patients attending primary health care in the Gaza Strip'. *Journal of Refugees Studies* 15(3): 153–164.

Afana AH, Pedersen D, Rønsbo, H, and Kirmayer L J (2010) 'Endurance is to be shown at the first blow: Social representations and reactions to traumatic experiences in the Gaza Strip' *Traumatology* 16(4): 73–84.

G. Veronese A. Pepe, A. Jaradah, F. Murannak, H. Hamdouna (2017) "'We must cooperate with one another against the Enemy": Agency and activism in school-aged children as protective factors against ongoing war trauma and political violence in the Gaza Strip' *Child Abuse & Neglect* 70 (2017) 364–376

## **MENTAL HEALTH**

M. Marie, B. Hannigan, A. Jones (2017) 'Social ecology of resilience and Sumud of Palestinians' <https://journals.sagepub.com/doi/full/10.1177/1363459316677624>

R. Giacaman (2018) *Reframing Public Health in Wartime: From the Biomedical Model to the "Wounds Inside"* *Journal of Palestine Studies* Vol. XLVII, No. 2 (Winter 2018).

Abu Nahleh L (2006) Six families: Survival and mobility in times of crisis. In: Taraki L (ed.) *Living Palestine: Family Survival, Resistance, and Mobility under Occupation*. Syracuse, NY: Syracuse University Press, pp. 103–184.

Dr. Samah Jabr: The 'invisible damage' of life under the occupation' (2014) MEMO: Middle East Monitor, Interview by Emmanuela Eposti <https://www.middleeastmonitor.com/20141219-samah-jabr-the-invisible-damage-of-life-under-the-occupation/>

Raija-Leena Punamäki, Samir Qouta & Eyad El-Sarraj (2010) Resiliency factors predicting psychological adjustment after political violence among Palestinian children  
Pages 256-267 | Published online: 10 Sep 2010  
<https://www.tandfonline.com/doi/abs/10.1080/01650250042000294>

Dr Eyad Hallaq Epidemic of Violence *Epidemic of Violence* Dr. Eyad Hallaq <https://pij.org/articles/59>

[psychicrefuge.com](http://psychicrefuge.com)

Dr Eyad Hallaq (2013) Health in the Occupied Palestinian Territory <https://www.thelancet.com/health-in-the-occupied-palestinian-territory-2013>

B.K. Barber, C. McNeely, J.A. Olsen, C. Spellings, R. F. Belli (2013) 'Effect of chronic exposure to humiliation on wellbeing in the occupied Palestinian territory: an event-history analysis' *The Lancet*, Vol. 382, S7 [Full-Text HTMLPDF](#)

M. El Masri, D. Saymah, M. Daher, F. Al Aisawi (2013) *Integration of mental health-care with primary health-care services in the occupied Palestinian territory: a cross-sectional study* The Lancet VOLUME 382, SPECIAL ISSUE, DECEMBER

Yousef Al-Ajarma (2010) *The Role of the Arts Toward Healing Trauma and Building Resilience in the Palestinian Community* (PhD Thesis)

*Mental Health Care in Palestine: Barriers to Excellence* Dr. Samr Jabr Washington Psychiatrist

C.Balsam, R. Giacaman (2014) "'They came at midnight..." A report on the impact of detention on the children of Palestinian political detainees in Israeli prisons' Institute of Community and Public Health, Birzeit University

War Trauma Foundation with Birzeit University (2015) *Organisations Working with the Multi-Family Approach* <http://icph.birzeit.edu/research/publications/organisations-working-multi-family-approach-part-manual-organisations-english>

B. K. Barber C. Spellings, C. McNeely, P. D .Page, R. Giacaman 4, C. Arafat , M. Daher, E. El Sarraj, M. Abu Mallouh. (2014) *Politics drives human functioning, dignity, and quality of life* Rita Giacaman et al. *Social Science & Medicine* 122

Rita Giacaman et al (2016) *Mental Suffering in Protracted Political Conflict: Feeling Broken or Destroyed* PLoS ONE 11(5)

Nouh Harsha , Luay Ziq , Rula Ghandour and Rita Giacaman (2016) *Well-being and associated factors among adults in the occupied Palestinian territory (oPt) Health and Quality of Life Outcomes*

Palestinian Counseling Center [sic] (2009) *'Broken Homes: Addressing the Impact of House Demolitions on Palestinian Children and Families'*

Palestinian Counseling Center (2012) *"With Our Own Hands": A report on what happens when Israel forces Palestinian families to demolish their own homes'*

Atallah DG (2017) A community-based qualitative study of intergenerational resilience with Palestinian refugee families facing structural violence and historical trauma. *Transcultural Psychiatry* 54(3): 357–383.

"The survival and well-being of the Palestinian people under occupation" in H. Tilouine & R. Estes (Eds.) *The State of Social Progress in Islamic Societies: Social, Economic, Political, and Ideological Challenges* (Springer, 2016) (Link to <http://www.springer.com/us/book/9783319247724>)

[psychicrefuge.com](http://psychicrefuge.com)

Afana A (2006) Mental health situation for Palestinians. In: Kuriansky J (ed.) *Terror in the Holy Land: Inside the Anguish of the Israeli- Palestinian Conflict*. Westport, CT: Praeger Publishers, pp. 31–42.

Batniji R, Rabaia Y, Nguyen-Gillham V, et al. (2009) Health as human security in the occupied Palestinian territory. *The Lancet* 373(9669): 1133–1143.

Afana A, Dalgard OS, Bjertness E, et al. (2002) The ability of general practitioners to detect mental disorders among primary health care patients in a stressful environment: Gaza Strip. *Journal of Public Health Medicine* 24(4): 326–331.

Giacaman R (2017) Social suffering, the painful wounds inside. *AJPH American Journal of Public Health* 7(3): 357.

Hajjar L (2005) *Courting Conflict: The Israeli Military Court System in the West Bank and Gaza*. London: University of California Press.

Johnson P (2007) Tales of strength and danger: Sahar and the tactics of everyday life in Amari refu- gee camp, Palestine. *Signs: Journal of Women in Culture and Society* 32(3): 597–619.

Samah Jabr and Elizabeth Berger, "An occupied state of mind: clinical transference and countertransference across the Israeli/Palestinian divide" *Psychoanalysis, Culture & Society* (2016) 21, 21–40. Published online (2015) LINK: <http://rdcu.be/uCag>

Maya Mukamel, "Assessing the effects of reported torture in the Israeli-Palestinian context: A struggle for psycho-political thirdness" (Link to <http://rdcu.be/uCar>)

Abdel Hamid Afana, "A Model for Community Care in Gaza: Conclusions drawn form a community-based approach to mental Health Care in Gaza," *Palestine-Israel Journal*, 2003; Vol 10, No.4.

"The individual and collective impact of incarceration and torture: the Palestinian experience" Dr Samah Jabr, *Cafe Palestine* 8 (2020) LINK: <https://ukpalmhn.com/cafe-palestine/> VIDEO/AUDIO (ENG) TRANSLATED TEXT SUMMARY (ARABIC) <https://ukpalmhn.com/cafe-palestine/cp8-arabic-translation/>

Cafe Palestine 3, 9th May 2020

"Acute and Chronic Uncertainties in the Palestinian Context: Implications for Mental Health and Wellbeing" Weeam Hammoudeh is an Assistant Professor at the Institute of Community and Public Health, discussing Institute of Community and Public Health at Birzeit.

LINK: <https://ukpalmhn.com/cafe-palestine/>

MAIN: VIDEO/AUDIO (ENG)

ADDITIONAL: TEXT (ENG) (ARABIC) Powerpoint Presentation

Prof Nadera Shalhoub-Kevorkian (2020) 'Jerusalem under siege: surviving corona under Occupation' LINK: <https://ukpalmhn.com/cafe-palestine/> MAIN: VIDEO/AUDIO (ENG)

W. Hammoudeh; S. Jabr; M. Helbich; C. Sousa (2020) 'On Mental Health Amid Covid-19' Volume 49, Issue 4 Summer 2020 <https://online.ucpress.edu/jps/issue/49/4>

[psychicrefuge.com](http://psychicrefuge.com)

Abou Jalal, Rasha (2013) Gaza Suicides Rise as Living Conditions Deteriorate Al Monitor <https://www.al-monitor.com/originals/2013/07/gaza-suicide-hamas-blockade.html>

### **Transcultural and Post-colonial Mental Health and Critical Psychiatry**

Frantz Fanon (1963) *The Wretched of the Earth*

TEXT (ENG Translated) Available: (FRENCH: Les Damnés de la Terre) (ARABIC: معذبو الأرض mu‘adabū al’ard)

M. Abouelleil Rashed (2015) *Islamic Perspectives on Psychiatric Ethics*

Chapter in Oxford Handbook of Psychiatric Ethics, Oxford University Press

TEXT (ENG)

M. Abouelleil Rashed, (2019) ‘Madness and the Demand for Recognition: A Philosophical Inquiry into Identity and Mental Health Activism’ Oxford UP TEXT (ENG)

A. Bullard (2007) Imperial Networks and Postcolonial Independence: The Transition from Colonial to Transcultural Psychiatry TEXT (ENG) in *Psychiatry and Empire* (Eds) Mahone, Vaughan pp 197-219 [https://link.springer.com/chapter/10.1057/9780230593244\\_9](https://link.springer.com/chapter/10.1057/9780230593244_9)

Bhugra, D. and Littlewood, R. (2001) *Colonialism and Psychiatry* Eds. TEXT (ENG)

R. Littlewood (1991) *Against Pathology: The New Psychiatry and its Critics*

The British Journal of Psychiatry TEXT (ENG)

Al-Krenawi A (2005) Mental health practice in Arab countries. *Current Opinion in Psychiatry* 18(5): 560–564.